Sexual Assault Sequelae

1. Recognize the problem of sexual assault in Canada
2. Understand the complexity of sexual assault within the context of individual and social experience (Describe societal factors)
   a. Identify rape myths situated in the broader social context
   b. Reflect on how social factors such as racism, sexism, ableism, colonialism and others intersect, affecting the experience of sexual assault, access to and care provided by services
   c. Describe challenges associated with the issue of consent
   d. Recognize how the broader social context can shape individual biases which can impact the provision of care.
3. Understand the (neurobiology of) trauma of sexual assault
   a. Recognize the physical, social, emotional and psychological outcomes of sexual assault
   b. Describe the neurobiological response to trauma
   c. Recognize the potential effects of trauma for re-victimization
4. Understand and identify commonly misunderstood reactions to sexual assault
   Explain why sexual assault may be unacknowledged by the survivor
5. Reflect on your own beliefs, values and practices
   a. Recognize how your values, attitudes, beliefs and experiences may shape and influence your response to survivors of sexual assault
   b. Examine your emotional responses to the commonly misunderstood, behaviours of survivors of sexual assault